

Were Adam and Eve Real Or Just A Story?

Question: “Were Adam and Eve real or just a story?”

Answer: If they were not real, then Jesus Christ and the New Testament are frauds and should not be believed. This question about the credibility of the Bible account is one of many challenges that must be met with truth, for only truth will set us free from our doubt ([John 8:31-32](#)).

False Teachers Believe it:

A. Evolutionists named the first DNA-giver as a female named “Eve.” Late studies of Mitochondrial DNA (mtDNA) in the late 1980’s and early 1990’s, nicknamed the “Eve theory,” showed that there must have been a common human parent from which humans came. Since there is no genetic recombination (males make no contribution of mtDNA to the fetus), then all mtDNA comes from mothers through their daughters, so then all humans had to have come from a first mother. This establishes the Bible fact in [Genesis 3:20](#): “And Adam called his wife’s name Eve, because she was the mother of all living.”

B. Many in Denominations teach that all humans inherited the sin of Adam. (1. The Bible teaches no such doctrine, for Cain and Abel would have “inherited Adam’s sin,” but the Bible teaches Abel offered his acceptable sacrifice “by faith” ([Hebrews 11:4](#)) and that sin, itself, is not “inherited” ([Ezekiel 18:20](#))! However denominations that teach Calvinistic “inherited sin” base it upon the factuality of Genesis 2-3.

(2. In the Methodist Discipline: (Since) “infants are guilty of original sin, then they are proper subjects of baptism, seeing in the ordinary way, they cannot be saved unless this be washed away by baptism. It has already been proved that this original sin cleaves to every child of man, and hereby they are children of wrath and liable to eternal damnation.”

And quoting from The Five Points of Calvinism, by Edwin H. Palmer, pg. 122, we find: “We believe that through the disobedience of Adam original sin is extended to all mankind; which is a corruption of the whole nature and a hereditary disease, wherewith even infants in their mother’s womb are infected, and which produces in man all sorts of sin, being in him as a root thereof, and therefore is so vile and abominable in the sight of God that it is sufficient to condemn all mankind.” (He quotes from The Belgic Confession of Faith Article XV)”

2. New Testament Faith is Grounded in Belief in Adam & Eve

A. Jesus Christ Believed Bible Facts:

(1 [Matthew 19:3-6, 8](#): The Pharisees also came to Him, testing Him, and saying to Him, “Is it lawful for a man to divorce his wife for just any reason?” And He answered and said to them, “Have you not read that He who made them at the beginning ‘made them male and female,’ [not their names, but by gender mentioned in [Genesis 1:27; 5:2, jtpII](#)] and said, ‘For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh’? [in only one place are these words found, [Genesis 2:24](#) and when it is quoted here and [Ephesians 5:31, jtpII](#)] So then, they are no longer two but one flesh. Therefore what God has joined together, let not man separate... He said to them, ‘Moses, because of the hardness of your hearts, permitted you to divorce your wives, but from the beginning it was not so.’ [“the beginning” as recorded in [Genesis 2:19-23, jtpII](#)”

(2 In [Mark 13:19](#), Jesus’ prophecy of the destruction of Jerusalem included “great tribulation” such as had not been experienced since “the beginning of the world” [[Genesis 1-2](#)].

(3 In [John 8:44](#), Jesus’ basis for avoiding the Devil is to recognize his lack of morality “from the beginning,” which means if the [Genesis 1-3](#) account isn’t factually accurate, then Jesus gives no good reason to avoid the Devil!

B. Apostle Paul Believed Bible Facts

(1 In [Romans 5:12-14](#), Paul was inspired by the Holy Spirit to explain that though sin entered world through Adam, its consequence of physical death “spread to all men.” Adam is a “type” of Jesus Christ, but the consequences of their individual gifts differ ([Romans 5:15-19](#)).

(2 In [1 Corinthians 11:1-12](#), the gender-based difference between male and female is applied, being based upon what God intended in Genesis 1-3. It almost like Paul was saying to “gender-benders” of today, “from the beginning it was not so.”

(3 The great “resurrection” chapter, in [1 Corinthians 15:20-22](#), again showing the contrast between Adam and Jesus as in [Romans 5:12-14](#), clearly applies physical resurrection of Jesus Christ as the counter to the physical death caused by Adam. Jesus’ resurrection, the pinnacle of the Gospel, breaks the grasp of physical death by showing we will all be raised, thus establishing the Judgment to come ([John 5:28-29](#)).

(4 Later in that same chapter, [1 Corinthians 15:44-49](#), the point is well-based upon “the first Adam” being the one who determined the way of the world, but “the second Adam, Jesus Christ, being the one who gives those in the world the opportunity for a better life.

(5 To apply the woman’s created place to Christians, Paul, in [1 Timothy 2:11-15](#), by referring in verse 13 to “Eve,” returns to the Genesis 1-3 text to set the record straight. God has not changed women’s “authority” since Eve’s weakness in Eden, though they have received the same salvation as men ([Galatians 3:26-29](#)). And through women fulfilling their God-created person, Jesus Christ, Himself came to our assistance ([Galatians 4:4](#)).

Christian women do not need “liberating,” they are free to be women in Jesus Christ.

(6 Then Paul, in [2 Corinthians 11:3](#), makes direct reference to “Eve” who was “deceived” by “the serpent,” the only historical account of which is in Genesis 3. Both the uniqueness and accuracy of Genesis 1-3 make it easily visible in New Testament teaching, and therefore the basis of New Testament faith. There are only 3 other reference to “Eve” by name in the Bible: [Genesis 4:1](#); [1 Timothy 2:13](#).

C. The fact that the Book of Jude links the historical details of “Enoch, the seventh from Adam” who preached God’s unyielding message to the world preceding the World-wide Flood in Noah’s day with those under the New Testament who must “contend earnestly for the faith which was once for all delivered to the saints.” Contending for the “once for all delivered” faith includes standing against any and all who would question the historicity, accuracy, or inspiration of Genesis 1-3!

--[John T. Polk II](#)--