

Studies In Psalms by [John T Polk II](#) For [The Fellowship Room](#)

Psalm 144

5/3/13

Psalm 144

How To Live In A Happy State

This Psalm of David shows why God saw David as “a man after My own heart, who will do all My will” ([Acts 13:22](#)). This Psalm is from a heart that knows what God’s grace and mercy is all about!

Verses 1-2 acknowledge who is with David on his throne over Israel;
Verses 3-4 recognize how short the rule of a man is compared to God’s reign;
Verses 5-10 show who really deserves praise for victory over enemies;
Verses 11-15 summarize where a nation’s blessings and strengths come from.

Verses 1-2: “The LORD” was David’s “Rock” not a castle. God guided David’s conquests; God showed what “lovingkindness” was like in between battles; David’s “fortress” (protective dwelling), “high tower” (lofty position above the enemy), “shield” (protection against soldiers’ attacks) and “refuge” (safe haven), were all in God. Thus if David’s “people” didn’t obey God, David wouldn’t be king of a nation! Would that Governments recognized this today ([John 19:10-11](#))!

Verses 3-4: “What *is* man” is the question David asks that shows great humility ([Psalm 8:4](#)). What makes us think we are so important that God would notice us? We are important not because of what we have done, but what God has done ([Hebrews 2:17-18](#))! We do not live long enough to be impressive ([James 4:13-15](#)).

Verses 5-10: God, however, is so impressive that He can “come down” over the Earth; make mountains smoke; use lightning strikes; all as weapons of war “from above.” It is God “from above” who “rescues” the righteous from a flood of “foreigners” hurling “lying words” and lying handshakes. Those who serve God cannot expect those who do not to be following the same rules in the same way! Christian behavior is not universal, but should be ([Ephesians 5:1-17](#))! It is God who deserves praise for our salvation and daily life. The “harp of ten strings” was an instrument of David ([1 Chronicles 23:5](#)) that appealed to the spiritually lazy ([Amos 6:3-7](#)) and was condemned. Moses’ Law authorized no man-made musical instrument.



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Verses 11-15: It would be by God’s rescue that the Nation of Israel would have:

- Sturdy “sons” and “daughters;”
- Plentiful “produce” and “sheep” and “oxen;” and
- Neither external raids nor internal struggles.

A nation of people who respect God, will have “sons” who mature like plants and know their work to be done; “daughters” who accept their role of “pillars” as wife and mother; “produce” for people who know how to save for the next crop; fertile “sheep;” “oxen” useful for burdens; peaceful living without disruptiveness.

Truly such a nation is “happy,” for “Happy *are* the people whose God *is* the LORD!” The plague of America is unhappiness, and it has become pandemic because people do not have the LORD God. “Jesus spoke these words, lifted up His eyes to heaven, and said: “Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent” ([John 17:1-3](#)). “And this is the testimony: that God has given us eternal life, and this life is in His Son” ([1 John 5:11](#)). “He who believes and is baptized will be saved; but he who does not believe will be condemned” ([Mark 16:16](#)). DO YOU KNOW GOD?

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